



YOUR OCCUPATIONAL HEALTH SERVICE

Medical Assessments

What is occupational health?

Occupational health is a medical speciality that is concerned with minimising the impact of an individual's health on their role and vice versa. We provide specialist independent advice to your employer in order for them to make informed management decisions regarding the impact of health on your role or the impact of your role on your health.

Medical assessments are designed to advise on your fitness to conduct a particular role or work in a specific environment.

Your Medical Assessment

You have been referred to occupational health by your line manager for a medical assessment. This medical assessment will be completed with a self-completed questionnaire or a telephone or Skype call.

The types of assessment include the following

- Post Offer (Pre-employment) Medical Assessment - by questionnaire and face to face
- Statutory Medical Examinations
 - LGV Driver Medical
 - Asbestos Medical
- Vocational Health Screening
 - Forklift Truck Drivers
 - School Crossing Patrollers
 - Taxi driver medicals
- Immunisations and Vaccinations
- Well-being Health Checks
- Drug and alcohol screening

The reason for the medical assessment should have been discussed between you and your line manager and if not you should seek to discuss this before your scheduled appointment.

Assessment by questionnaire

Where the medical assessment is by questionnaire this will be conducted either through you completing either a paper or electronic questionnaire which is returned to Iqarus for assessment.

On receipt the questionnaire will be assessed and where further information is required you will be contacted by telephone so please provide a day time number on the questionnaire. Subject to the outcome of the telephone assessment a face to face appointment with a clinician may be required.



01224 047 232



AberdeenCityCouncil.gbr@iqarus.com



Face to face assessment

Most medicals require face to face assessment and involve either a single a clinician or two clinicians where you require to be seen by a doctor. The typical medical includes the following

- Patient Questionnaire
- Urinalysis – routine urine test with immediate result
- BMI – measurement of height, weight and calculation of Body Mass Index
- Near Distance and Colour Vision
- Pulse and Blood Pressure Measurement
- Lung Function Test (peak flow)
- Medical history and physical examination appropriate to medical type

Some medicals may also require the following additional assessments

- Audiogram (hearing test)
- Spirometry (in place of peak flow)
- Electronic vision screening
- Blood test

Your Occupational Health Medical Certificate

On completion of the medical the clinician will advise you of the outcome. Iqarus will then advise the outcome to your employer through a fitness certificate which may be

- Fit for Employment
- Fit for Employment with Restriction (for example there may be restriction on duties)
- Unfit

If you have any concerns regarding the fitness decision please raise these with the clinician at the time of the assessment.

Confidentiality

Medical information held and known by the occupational health professional is privileged and confidential. When information is to be supplied to the Council your consent will be obtained. An exception to this rule would only arise if the occupational health professional believed that keeping the information confidential would pose a serious risk to other people, but this intention would be discussed with you at the time.

Reports from your GP and other Specialists

It is not always necessary for occupational health to request information from other healthcare providers to inform their decisions. Where it is required we will inform you of the reason and you will be asked to provide consent. If you consent to a report being sought, it is vital that you fully engage in the process and assist occupational health in obtaining such a report; if after a reasonable period of time occupational health have not received the required reports they are still able to make a recommendation based on the information they already have.

What to expect when you visit us

- A warm, friendly, professional welcome
- Respect and confidentiality
- A full explanation of the consultation process
- Details of any report that will be provided to managers/People and Development
- Opportunity to ask questions