

Sources of further advice and information

There are a number of support services available to which employees may be referred. Among them are:

Occupational Health Service

Serco Occupational Health
200 Ashgrove Road West
ABERDEEN
AB16 5NY

Tel: 01224 305550

Email: oh.aberdeen@serco.com

Employee Counselling Service

Employee Advisory Resource
Free phone 0800 243458 (24 hours a day; 365 days a year)
www.ear.co.uk

Further information

Advice and information can also be obtained from the following sources:

- Alcohol Concern - www.alcoholconcern.org.uk
- NHS Scotland - www.hebs.scot.nhs.uk
- Drugscope - www.drugscope.org.uk
- The Scottish Drugs Forum – www.sdf.org.uk
- Alcohol Advisory and Counselling Service
62 Dee Street, Aberdeen AB11 6DS
01224 573887