Workplace mental health support service

Together, we can have a positive impact on mental health in the workplace, supporting employees to remain in, or return to work, while enabling employers to create a mentally healthy and productive workplace.



Service summary

Our support is available to individuals with a mental health condition, who are absent from work or finding work difficult and includes:

- Work focused mental health support, tailored to the individual
- Assessment of an individual's needs to identify coping strategies
- A personalised support plan, detailing the steps needed to remain in, or return to, work
- Suggestions for reasonable adjustments in the workplace, or in working practices
- Advice and guidance to enable employers to fully understand mental health and how they can support employees who have a mental health condition.

This confidential and impartial service is being delivered by Remploy, in partnership with Access to Work, a Jobcentre Plus Scheme, and comes at no cost to you. Our consultants are fully trained professionals with specialist expertise in mental health and its impact on the workplace.

Eligibility criteria*

To be eligible for this service, individuals must meet the following criteria:

- Be in permanent or temporary employment
- Have a mental health condition that has resulted in workplace absence, or is causing difficulties to remain at work.
- * Eligibility decisions are made by Access to Work. Individuals must self-refer to this service; which can take place with or without employer consent.

The customer journey

Month one

Months one to three

Months three to five

Months five and six

Registration with Access to Work

Initial assessment of needs by

First meeting with a consultant from Remploy
- with or without the individual's employer at a mutual setting, if needed.
This will identify the individual's support needs

Remploy's
consultant develops an
individual support plan,
which is agreed by the
individual (and
employer if required)



Second review meeting (face-to-face)

Final report with referral to further support services if necessary

First review meeting (face-to-face)

Implementation of the support plan, with telephone support and face-to-face meetings (if required) Implementation
of the support plan,
with telephone
support and
face-to-face meetings
(if required)





Contact us

For further information, or to discuss this service in more detail, please contact Remploy on:

Tel: 0845 146 0501

Email: vocationalrehabilitation@remploy.co.uk

Individuals can apply for this service by contacting Access to Work on:

South East England, London and East of England:

Tel: 020 8426 3110

Email: atwosu.london@jobcentreplus.gsi.gov.uk

South West England, Wales, West and East Midlands:

Tel: 02920 423 291

Email: atwosu.cardiff@jobcentreplus.gsi.gov.uk

Scotland, North West and North East England, Yorkshire and Humberside:

Tel: 0141 950 5327

Email: atwosu.glasgow@jobcentreplus.gsi.gov.uk





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